

Name: _____
DOB: _____ Date: _____

**Medications:** Please list current prescriptions and non-prescription medications including vitamins.

*Ex: Levothyroxine 50 MCG Once a day* \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**Allergies/Reactions:** Please list allergies to medication or food

**No Known Allergies to medication or food**

*Example: Codeine – Rash* \_\_\_\_\_

\_\_\_\_\_

**Past Medical History:** **I have been diagnosed by a doctor with:** Please check all that apply.

**Heart Disease**

- Abnormal EKG
- Angina
- Heart Attack
- Heart Murmur
- High Blood Pressure
- High Cholesterol
- High Triglycerides
- Stroke
- Carotid Stenosis

**Endocrine**

- Diabetes (Type: 2 / 1) *(Circle One)*
- Thyroid Disease

**Lung**

- Asthma
- COPD / Emphysema
- Tuberculosis
- Blood Clot (Lungs)

**Neurology**

- Epilepsy
- Headaches / Migraines *(Circle One)*
- Stroke

**Mental Health**

- ADD/ADHD *(Circle One)*
- Anxiety
- Bipolar Disorder
- Depression

**GI**

- Acid Reflux / GERD
- Colitis
- Diverticulitis
- Esophagitis
- Gallstones
- Gastritis / Stomach Ulcers
- Hemorrhoids
- Hepatitis A / B / C *(Circle One)*
- Pancreatitis

**Vascular**

- Blood Clot (Arm / Leg) *(Circle One)*
- Phlebitis
- Varicose Veins

**Musculoskeletal**

- Arthritis
- Disk Problems
- Gout
- Osteoporosis / Osteopenia *(Circle One)*

**Skin**

- Eczema
- Melanoma
- Psoriasis

**STD**

- Chlamydia
- Genital Herpes
- Genital Warts
- Gonorrhea
- HIV/ AIDS
- Syphilis

**Eye**

- Cataracts
- Glaucoma

**Genitourinary/GYN**

- Cystitis
- Endometriosis
- Kidney Stones
- Ovarian Cyst
- Pelvic Problem
- Prostate Problem

**Breast**

- Fibrocystic Disease
- Mastitis

**Cancer**

- Breast - Colon - Lung - Prostate - Ovarian - Skin

Age at cancer diagnosis:

\_\_\_\_\_ yrs old

**Other Diagnoses:** \_\_\_\_\_

\_\_\_\_\_

**Surgeries/Hospitalizations & Dates:**

*Example: Left knee surgery 10/2007* \_\_\_\_\_

\_\_\_\_\_

**Family History:** Please check all that apply.  **Adopted/Unknown**

L - Living  
D - Deceased  
U - Unknown

Circle Status for all

	Circle Status for all	Asthma	Arthritis	Cancer	Dementia	Diabetes	Heart Disease	High Blood Pressure	High Cholesterol	Depression or Anxiety	Stroke	Thyroid Disorder
<i>Example</i>	<b>L D U</b>			<i>Breast</i>			<i>X</i>	<i>X</i>		<b>D A</b>		
Father	L D U									D A		
Mother	L D U									D A		
Dad's Father	L D U									D A		
Dad's Mother	L D U									D A		
Mom's Father	L D U									D A		
Mom's Mother	L D U									D A		
#__ Brother(s)	L D U									D A		
#__ Sister(s)	L D U									D A		
#__ Sons	L D U									D A		
#__ Daughters	L D U									D A		

→ If you do not have any brothers/sisters or sons/daughters write a zero so we know you did not miss this section.

**Please continue the form on the other side**

**Social History:** Must be filled for patients 13 yrs or older

Occupation: \_\_\_\_\_ Marital Status: \_\_\_\_\_ Exercise: \_\_\_\_\_ # times/ week for \_\_\_\_\_ hrs.  
Tobacco Use:  Yes  No  Past Quit Date: \_\_\_\_\_ # of cigarettes per day: \_\_\_\_\_ for \_\_\_\_\_ years.  
Drug Use (past 12 months):  Yes  No Type: \_\_\_\_\_ last used on: \_\_\_\_\_  
Alcohol Use:  No  Occasional  Daily # of Drinks: \_\_\_\_\_ per: Day - Wk. - Mo  Beer  Wine  Hard Liquor  
Caffeine:  No  Occasional  Daily Drinks per day: \_\_\_\_\_  Coffee  Tea  Soda  Energy Drinks

**Immunizations:** Please list the date of the most recent.

Tetanus Shot: \_\_\_\_\_ Pneumonia Vaccine: \_\_\_\_\_  
Flu Shot: \_\_\_\_\_ Shingles Vaccine: \_\_\_\_\_

**Screening Test:** Please list the date of the most recent tests.

Eye Exam: \_\_\_\_\_ Bone Density: \_\_\_\_\_  
EKG: \_\_\_\_\_ Stress Test: \_\_\_\_\_  
Colonoscopy: \_\_\_\_\_ PSA: \_\_\_\_\_

**Women Only:**  
*(If none please write zero)*  
1<sup>st</sup> day of last period: \_\_\_\_\_  
Last Pap Smear: \_\_\_\_\_  
Last Mammogram: \_\_\_\_\_  
# of Pregnancies: \_\_\_\_\_  
# of Living Children: \_\_\_\_\_  
# of Miscarriages: \_\_\_\_\_  
# of Abortions: \_\_\_\_\_  
# of Still Births: \_\_\_\_\_

**(For Office Use)**  
**Vital Signs**  
Wt: \_\_\_\_\_ R: \_\_\_\_\_  
Ht: \_\_\_\_\_ BP: \_\_\_\_\_  
T: \_\_\_\_\_ HC: \_\_\_\_\_  
P: \_\_\_\_\_ O2: \_\_\_\_\_  
**Vision:**  No glasses/contacts  
B: \_\_\_\_\_ L: \_\_\_\_\_ R: \_\_\_\_\_  
**Hearing:** L: \_\_\_\_\_ R: \_\_\_\_\_

Patient Name: \_\_\_\_\_ DOB: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Name of Representative/Guardian: \_\_\_\_\_

*Office Use Only*  
Reviewed By: \_\_\_\_\_  
Date: \_\_\_\_\_

**(PLEASE SIGN SEPARATE CONSENT FORMS TO GET OLD RECORDS FROM OTHER DOCTORS)**

**Physician Notes:** \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**PATIENT INFORMATION**

Patient's Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_ M.I.: \_\_\_\_\_ Preferred Name: \_\_\_\_\_  
Street Address: \_\_\_\_\_ City: \_\_\_\_\_ Zip Code: \_\_\_\_\_  
Home #: \_\_\_\_\_ Cell #: \_\_\_\_\_ Work #: \_\_\_\_\_ Birth Date: \_\_\_\_\_ Sex assigned at birth: M / F  
Gender you identify with: Male/ Female/ Transgender Male/ Transgender female/ Gender Queer/ Other (please specify):  
Pronouns: She/her/hers He/him/his They/them/theirs Other (please specify):  
Relationship Status: Single Married Widowed Divorced Legally Separated  
Email: \_\_\_\_\_ Race: \_\_\_\_\_ Ethnicity:  Hispanic/Latino /  Not Hispanic/Latino

**EMERGENCY CONTACTS**

**(Must be a person other than a parent/guardian if patient is under 18yrs old)**

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_ Home #: \_\_\_\_\_ Cell #: \_\_\_\_\_  
Name: \_\_\_\_\_ Relationship: \_\_\_\_\_ Home #: \_\_\_\_\_ Cell #: \_\_\_\_\_

**PHARMACY INFORMATION**

Pharmacy Name: \_\_\_\_\_ Street Pharmacy is on: \_\_\_\_\_ City: \_\_\_\_\_

**INSURANCE INFORMATION**

**(Must be filled in by the patient even if the office scanned your insurance card)**

I do not have insurance & will be paying for the visit myself  I will pay out of pocket & need an itemized receipt for reimbursement from my insurance

**Primary Insurance:** \_\_\_\_\_ ID#: \_\_\_\_\_ Group #: \_\_\_\_\_

Policy Holder: \_\_\_\_\_ Relationship: \_\_\_\_\_ Policy Holder DOB: \_\_\_\_\_

**Secondary Insurance:** \_\_\_\_\_ ID#: \_\_\_\_\_ Group #: \_\_\_\_\_

Policy Holder: \_\_\_\_\_ Relationship: \_\_\_\_\_ Policy Holder DOB: \_\_\_\_\_

**Tertiary Insurance:** \_\_\_\_\_ ID#: \_\_\_\_\_ Group #: \_\_\_\_\_

Policy Holder: \_\_\_\_\_ Relationship: \_\_\_\_\_ Policy Holder DOB: \_\_\_\_\_

**PARENT(S) / LEGAL GUARDIAN INFO**  
**(Please fill if the patient is under 18 years old)**

Parent / Legal Guardian: \_\_\_\_\_ DOB: \_\_\_\_\_ Relationship to Minor: \_\_\_\_\_  
Home #: \_\_\_\_\_ Cell #: \_\_\_\_\_ Work #: \_\_\_\_\_  Guarantor/Responsible Party  
Parent / Legal Guardian: \_\_\_\_\_ DOB: \_\_\_\_\_ Relationship to Minor: \_\_\_\_\_  
Home #: \_\_\_\_\_ Cell #: \_\_\_\_\_ Work #: \_\_\_\_\_  Guarantor/Responsible Party

**PERSONS AUTHORIZED TO HAVE ACCESS TO MY MEDICAL INFORMATION**

*(Example: Your spouse calls the office requesting to know the results of you recent labs, are we allowed to give it to them?)*

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_ Ph #: \_\_\_\_\_  
Name: \_\_\_\_\_ Relationship: \_\_\_\_\_ Ph #: \_\_\_\_\_  
Name: \_\_\_\_\_ Relationship: \_\_\_\_\_ Ph #: \_\_\_\_\_

**Practice Policies**

**AGREEMENT OF FINANCIAL RESPONSIBILITY FOR VISIT AND LABS/PROCEDURES**

Initials

I understand that it is my responsibility to know my insurance plan and its deductibles, co-insurance and copays. I also understand that if my deductible has not been met, or a percentage is my responsibility, the office expects payment at the time services are rendered. **Payment for charges from earlier visits not covered by your insurance is due at the time you check in.** Filing insurance claims is a courtesy that we extend to our patients, you are responsible for any balance after your insurance processes your claim. If not paid within 120 days, FMSG will begin various collection activities including, but not limited to submitting the past due account to a collection agency. **Lab billing is NOT done by our practice and thus any questions related to the lab bills must be directed to the lab directly.** We offer courtesy lab draw service on site provided by Bio Reference lab. I understand it is my responsibility to check with my insurance company what labs are covered and how my policy dictates the coverage, and I will notify the practice at each visit if I would like to use a specific lab. Orders can be given to go to Labcorp or Quest lab upon request. Labs are not ordered ahead of visits without seeing the patient.

**INSURANCE CARD AND ID POLICY**

Initials

I understand that I must bring a physical insurance card and a current form of ID to **every appointment**. Without both physically present, I may be asked to reschedule my appointment. Pictures of the insurance card or photo ID on your phone will not be accepted. Nor can we accept for copies to be emailed to the office as that is a violation of HIPAA Regulations.

**CONTROLLED MEDICATION POLICY**

Initials

I understand that this office does **NOT** dispense and refill chronic pain and sleep medications. If needed, the office will give me a referral for pain management.

**FEE FOR FORMS**

Initials

The charge for completion of forms is \$35-50 or more based on complexity of the form and time needed to complete. Payment of fee is due up front. Please allow for 5 business days, unless the doctor is out of the office. Some forms require a more complex evaluation prior to completion and may require an additional visit to complete the form.

**PRESCRIPTION REFILL POLICY**

Initials

Refills of medications are generally tied with the follow up visits. Make appointments ahead of time to ensure you get refill before medications run out as our office is busy and appointments may not be available until few weeks. Contact our office through the '**patient portal**' for all prescription refills. Our office requires 2 business days' notice on ALL refill requests. You may call us at the office number, but the phone lines can get busy and reduces the efficiency.

**SELF PAY POLICY**

Initials

To address the needs of our patients without insurance, we offer a 30% discount off our standard fees. **In order to qualify, payment needs to be made IN FULL prior to or on completion of your visit or procedure.** Any remaining balance is not eligible for a discount. This discount is offered only at time of service. This policy does not apply to any miscellaneous charges.

**PREVENTATIVE VISIT POLICY**

Initials

Annual physicals are preventative visits, and NO refills, referrals or problems will be addressed during this visit. Separate appointments will be required for any of these mentioned reasons. Please do NOT call or message post preventative visit for refills unless you have been seen for the problem. All chronic medications require minimum every 6 month follow ups.

**TELEVISIT POLICY**

Initials

Televisits can ONLY be conducted if patient is in the state of Maryland physically at the time of the visit. Copays apply like regular in-office visits if your insurance policy indicates you have a copay and will be collected prior to the televisit and any balances on account will also be collected prior to the televisit.

**MEDICAL RECORDS POLICY**

- Processing Fee for both Disk and Paper - \$10 / CD – \$15 + \$2 postage if mailed
  - Paper – 45 cents per page + Postage (based on weight) if mailed

**We require 2 week notice for all medical records request.**

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Name of Representative/Guardian: \_\_\_\_\_

Relationship: \_\_\_\_\_

## Missed Appointment Policy

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Patient's Name

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Date of Birth

We want to thank you for choosing us as your healthcare provider. In an effort to give you and all of our patients the best possible care we request that you review our policy regarding missed appointments.

**A missed appointment is when you fail to show up for an allotted appointment time, without a phone call or cancellation notice of at least 24 hours.** Please remember that we have reserved appointment times especially for you. Therefore, we require at least a 24 hour notice in order to reschedule your appointment. This will enable us to offer your cancelled appointment time to other patients. If you are unable to keep your scheduled appointment time, please call our office at least 24-hours in advance in order to avoid a missed appointment fee. **This fee is not covered by your insurance and would be due upon check-in at your next appointment.** Your phone call is critical in helping us provide continuous care to all of our patients. ***Appointments scheduled and cancelled on the same day are subject to fees.*** If you fail to give us 24-hours' notice, you will be charged the following fees:

- Doctor's Visit - \$50.00 (Mon-Fri) \$70.00 (Saturday)

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Initials

*I understand that after my **2nd** Missed Appointment  
I will no longer be able to be seen at the practice.*

I have read and understand the policy stated above:

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Signature of Patient or Legal Representative

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Today's Date

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Printed Name of Legal Representative

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Relationship

## Consent for Purposes of Treatment, Payment, and Healthcare Operations

I consent to the use or disclosure of my protected health information by Family Medicine Shady Grove for the purpose of diagnosing or providing treatment to me, obtaining payment for my health care bills or to conduct health care operations of Family Medicine Shady Grove. I understand that diagnosis or treatment of me by Dr. Manisha Kalra may be conditioned upon my consent as evidenced by my signature on this document.

I understand I have the right to request a restriction as to how my protected health information is used or disclosed to carry out treatment, payment or healthcare operations of the practice. Family Medicine Shady Grove is not required to agree to the restrictions that I may request. However, if Family Medicine Shady Grove agrees to a restriction that I request, the restriction is binding on Family Medicine Shady Grove and Dr. Manisha Kalra.

I have the right to revoke this consent, in writing, at any time, except to the extent that Dr. Manisha Kalra or Family Medicine Shady Grove has taken action in reliance on this consent.

My “protected health information” means health information, including my demographic information, collected from me and created or received by my physician, another health care provider, a health plan, my employer or a health care clearinghouse. This protected health information relates to my past, present or future physical or mental health or condition and identifies me, or there is a reasonable basis to believe the information may identify me.

I understand I have a right to review the Family Medicine Shady Grove Notice of Privacy Practices prior to signing this document. The Family Medicine Shady Grove Notice of Privacy Practices has been provided to me. The Notice of Privacy Practices describes the types of uses and disclosures of my protected health information that will occur in my treatment, payment of my bills or in the performance of health care operations of the Family Medicine Shady Grove. The Notice of Privacy Practices for Family Medicine Shady Grove is also provided at 15215 Shady Grove Road, Suite 304, Rockville, MD 20850. This Notice of Privacy Practices also describes my rights and the Family Medicine Shady Grove duties with respect to my protected health information.

Family Medicine Shady Grove reserves the right to change the privacy practices that are described in the Notice of Privacy Practices. I may obtain a revised notice of privacy practices by calling the office and requesting a revised copy be sent in the mail or asking for one at the time of my next appointment.

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Name of Patient

Date of Birth

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Signature of Patient or Personal Representative

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Name of Personal Representative

---

Date

---

Description of Personal Representative’s Authority

## Consent to Obtain External Prescription History



I authorize **Family Medicine Shady Grove** and its affiliated providers to view my external prescription history via the RxHub service.

I understand that prescription history from multiple other unaffiliated medical providers, insurance companies, and pharmacy benefit managers may be viewable by my providers and staff here, and it may include prescriptions back in time for several years.

MY SIGNATURE CERTIFIES THAT I READ AND UNDERSTOOD THE SCOPE OF MY CONSENT AND THAT I AUTHORIZE THE ACCESS.

_____	_____
Patient Name	DOB
_____	_____
Signature of Patient or Personal Representative	Date
_____	_____
Name of Personal Representative	Relationship





**ACKNOWLEDGEMENT OF RECEIPT OF NOTICE OF PRIVACY PRACTICES  
ACUSE DE RECIBO DEL AVISO SOBRE PRÁCTICAS DE PRIVACIDAD**

Notice to Patient:

We are required to provide you with a copy of our Notice of Privacy Practices, which states how we may use and/or disclose your health information. Please sign this form to acknowledge receipt of the Notice. You may refuse to sign this acknowledgement, if you wish.

Aviso al Paciente:

Estamos obligados a ofrecerle una copia de nuestro aviso de prácticas de privacidad, que establece la forma en que puede usar y / o divulgar su información de salud. Por favor firme este formulario para acusar recibo de la notificación. Usted puede negarse a firmar este reconocimiento, si así lo desea.

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I acknowledge that I have received a copy of this office's Notice of Privacy Practices.  
*Reconozco que he recibido una copia del Aviso Prácticas de Privacidad de esta oficina.*

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Patient name / *Nobre del Paciente*                      *DOB/FDN*                      *Name of Representative / Nombre del Representante*

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Signature / *Firma*    *Relationship/Relacion*    *Date / Fecha*

**FOR OFFICE USE ONLY / PARA USO DE LA OFICINA**

We have made every effort to obtain written acknowledgment of receipt of our Notice of Privacy from this patient but it could not be obtained because / *Hemos hecho todos los esfuerzos para obtener el reconocimiento escrito del recibo de nuestro Aviso de Privacidad de este paciente, pero no se pudo obtener porque:*

- The patient refused to sign / *El paciente se negó a firmar.*
- Due to an emergency situation it was not possible to obtain acknowledgement / *Debido a una situación de emergencia no era posible obtener un reconocimiento.*
- Language Barrier / *Barrera de Idioma*
- Other (Please provide specific details) / *Otros (indique los detalles específicos)*

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Employee Signature

Date